

ARTICLE

Analysis of Physical and Sensory Properties according to Sugar Types in *Yugwa*

Hyung-Yoon Choi, Heeyoung Lee, Mi Jang, Sunhyun Park,
Jiyoun Jeong, You-Shin Shim, Jong-Chan Kim

Food Standard Research Center, Korea Food Research Institute, Jeollabuk-do 55365, Korea

Received: October 29, 2021
Revised: November 19, 2021
Accepted: November 30, 2021

*Corresponding author :
Jong-Chan Kim
Food Standard Research Center, Korea
Food Research Institute, Jeollabuk-do
55365, Korea.
Tel : +82-063-219-9155
E-mail : jckim@kfri.re.kr

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ORCID

Hyung-Yoon Choi
<https://orcid.org/0000-0002-1882-3190>
Heeyoung Lee
<https://orcid.org/0000-0001-6115-9179>
Mi Jang
<https://orcid.org/0000-0002-4847-9482>
Sunhyun Park
<https://orcid.org/0000-0002-5077-7454>
Jiyoun Jeong
<https://orcid.org/0000-0002-6439-8033>
You-Shin Shim
<https://orcid.org/0000-0002-5496-9672>
Jong-Chan Kim
<https://orcid.org/0000-0002-1535-4181>

Abstract

Yugwa is a traditional food unique to Korea, and the manufacturing of *yugwa* is largely divided into two processes: making the *bandaegi* and coating the *bandaegi* with sugar. To control the *yugwa* quality and strengthen the market competitiveness, this study analyzed changes in physical properties during storage according to the type of sugar used in *yugwa* manufacturing and the temperature that the sugar is applied. Consumer preference was evaluated for 30 adult men and women using a 9-point scale for overall preference, uniformity of garnish, color brightness, sweetness, unpleasant smell, and texture. Physical property analysis measured physical changes during storage, based on the type of sugar used to coat the *yugwa* and the storage temperatures (30°C and 4°C) over 5 wk. In the manufacture of starch syrup, it was easier to maintain the quality according to the storage period and to use starch syrup alone than starch syrup alone. In addition, the application of sugar at 100°C helps to maintain quality even though the storage period is increased.

Keywords

yugwa, Physical properties, Sensory quality, Sugar type, Storage temperature

1. Introduction

Yugwa is a traditional Korean food that has been passed down by our ancestors. *yugwa* is made by pulverizing glutinous rice, kneading it in alcohol, steaming, boiling, and mixing it to form a cracker, cutting it in various sizes, and frying it in oil to form the final product (National Agricultural Products Quality Management, 2020). Consumer demand for *yugwa* continues to increase, and research has been conducted to raise the popularity and consumer awareness of Korean sweets as part of the globalization of Korean food (Lee *et al.*, 1987, 2012; Choi and Cho, 2008). However, research on manufacturing methods to secure competitiveness in the *yugwa* market is insufficient. The process of making *yugwa* is largely divided into producing the *bandaegi* and coating the *bandaegi* with a mixture of grain syrup, honey, and starch syrup. The quality characteristics of the product differ depending on the sugar used in the coating process. The ancestral recipe uses grain syrup; however, owing to changes in modern people’s tastebuds and manufacturing cost, starch syrup is often used nowadays.

Sugar is applied to the *bandaegi* after the solution is heated and cooled to a specific temperature, and the quality characteristics of the product vary depending on the temperature of the syrup at application. Currently, producers usually apply sugar between 80°C and 100°C, but there is no research or data to show which temperature is preferred. The purpose of this study was to evaluate the use of syrup (grain syrup, starch syrup, or a mixture of the two) and

consumer preferences according to the application temperature of the syrup and storage temperature in order to revitalize the *yugwa* industry and to suggest ways to enhance market competitiveness.

II. Materials and Methods

Sample preparation

Yugwa was produced by a domestic *yugwa* producer, and test groups were prepared by dividing the *yugwa* on the basis of different types of sugar used (grain syrup, starch syrup, and mix of grain and starch syrup) and also the temperatures that the sugar was applied (80°C and 100°C) (Table 1).

Consumer preference evaluation

Consumer preference evaluations were conducted on 30 men and women between 20 and 50 years of age in Jeollabuk-do, and evaluations were made based on the questionnaire in Table 2 using a 9-point scale method in Fig. 1. To evaluate consumer preference according to the type of sugar applied (process 1, 2, and 3; Table 1), only the sugar application temperature of 80°C was considered.

Physical property test

To determine the product storage characteristics (type of sugar and sugar temperature at application), the physical properties of the final product were analyzed at 1 wk interval during storage at 30°C (room temperature) and 4°C (refrigeration temperature) for 5 wk. For the analysis, more than 10 samples were used for each treatment. Physical property analysis was performed using a texture analyzer (TA1, Lloyd, USA) equipped with a 25 mm cylinder probe, and the sample was measured according to the following conditions: pretest speed 2.0 mm/s,

Table 1. Preparation of *yugwa* samples

Process	Mixing ratio	Application temperature of sugar
1	Glutinous rice 83%, grain syrup 15%, soybean oil 2%	80°C
2	Glutinous rice 83%, starch syrup 15%, soybean oil 2%	80°C
3	Glutinous rice 83%, grain syrup 10%, starch syrup 5%, soybean oil 2%	80°C
4	Glutinous rice 83%, grain syrup 15%, soybean oil 2%	100°C
5	Glutinous rice 83%, starch syrup 15%, soybean oil 2%	100°C

Table 2. *Yugwa* consumer preference evaluation panel

Category	20s	30s	40s	50s	Total	Remarks
Number of individuals (名)	8	20	3	4	30	Male/female ratio 50:50
Ratio (%)	22.9	57.1	8.6	11.4	100	

(1) Overall preferences

Strong dislike Strong preference

(2) Uniformity of garnish (popped rice)

Not uniform Uniform

(3) Color brightness

Dark Bright

(4) Sweetness

None Very strong

(5) Taste and scents

None Very strong

(6) Degree of chewiness (texture)

None Very strong

Fig. 1. *Yugwa* consumer preference questionnaire

posttest speed 5.0 mm/s, maximum load, 2 kg.; and head speed 2.0 mm.

Statistical analysis

The data obtained were statistically analyzed using Minitab (version 14 for Windows, Penn State University, USA), and the significance test for the average value was verified at 5% level using analysis of variance and Duncan's multiple range test.

III. Results and Discussion

Consumer preference evaluation

The overall preference was significantly higher for starch syrup than that for grain syrup; however, no significant difference was observed in the overall preference for mixed starch syrup and grain syrup (Table 3). In the case of garnish attachment uniformity, there was no significant difference between the starch syrup alone and mixed grain syrup and starch syrup, but when manufactured using only grain syrup, the garnish attachment uniformity was significantly reduced. The brightness of the final product color was highest when only starch syrup was used, followed by a mixture of grain syrup and starch syrup, and a significantly lower brightness was

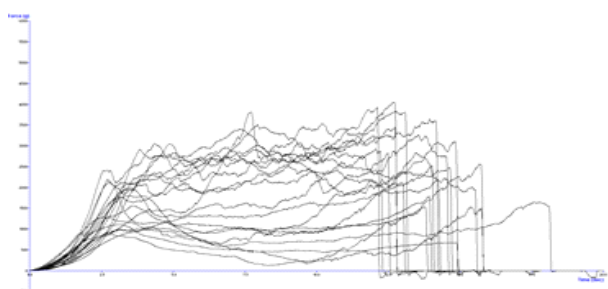
Table 3. Consumer preference results

Category	Overall	Uniformity of garnish attachment	Brightness of color	Sweetness	Taste/scent	Texture
Starch syrup	4.857 a	5.343 a	5.286 a	3.914 a	2.657 a	4.514 a
Grain syrup + starch syrup	4.800 a	5.057 a	4.171 b	3.971 a	3.000 a	4.257 a
Grain Syrup	4.029 b	4.200 b	3.371 c	3.600 a	3.229 a	3.171 b
Pr > F(Model)	0.005	0.001	<0.0001	0.489	0.285	0.001

observed when only grain syrup was used. No significant differences in consumer preferences were observed in the type of sugar used, sweetness, taste, or smell. As for the texture, the degree of acquisition was significantly higher for starch syrup alone and mixed starch syrup and grain syrup. Considering the results of consumer preference, there was no significant difference between sweetness and taste depending on the type of sugar (including both alone and mixed syrups); however, when starch syrup alone was used, the overall preference, color brightness, and textural preference were found to be better. We concluded that utilizing the appropriate amount of mixed syrup when manufacturing *yugwa* is recommended to improve consumer preferences, as well as quality control.

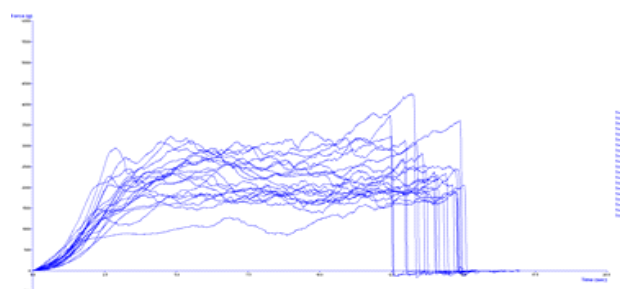
Physical property test

The physical properties of each treatment process were analyzed according to the storage conditions, and changes in physical properties among samples were observed as the low period increased when manufactured using grain syrup alone. Changes in physical properties among samples according to the storage condition were also observed (Fig. 2~11). The physical properties were analyzed based on storage length and according to the temperature at which the sugar is applied. In both grain syrup and starch syrup, less physical property changes were observed when sugar was applied at 100°C. Taken together, the quality of the product can be easily maintained by using starch syrup at 100°C during application.



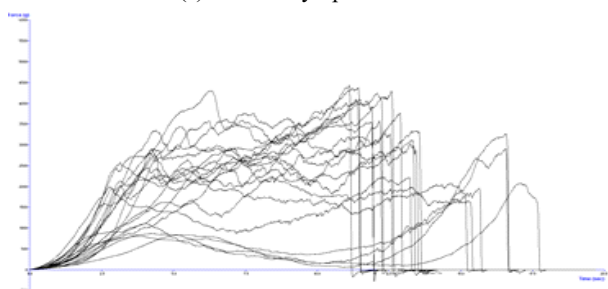
Category	Hardness	Chewability	Crispiness
Min.	418.14	4,181.41	11.00
Max.	2,141.73	21,417.33	62.00
Mean.	1,365.76	13,657.63	38.75
S.D.	±590.06	±5,900.60	±16.44
Coef.-Vari.	43.20	43.20	42.42

(a) <Grain syrup at 100°C>



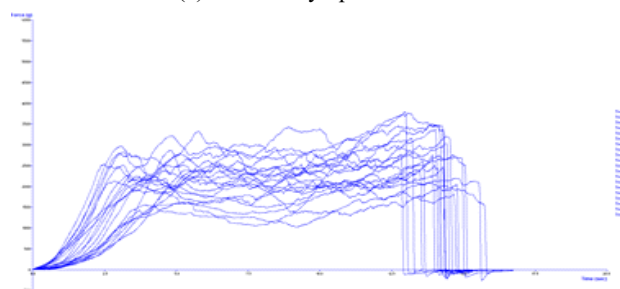
Category	Hardness	Chewability	Crispiness
Min.	873.23	8,732.25	17.00
Max.	2,302.33	23,023.25	71.00
Mean.	1,719.92	17,199.20	46.25
S.D.	±355.17	±3,551.67	±12.65
Coef.-Vari.	20.65	20.65	27.35

(b) <Starch syrup at 100°C>



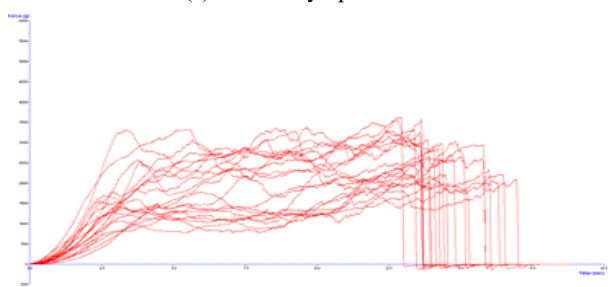
Category	Hardness	Chewability	Crispiness
Min.	421.68	4,216.84	1.00
Max.	2,381.30	23,813.00	65.00
Mean.	1,559.67	15,596.72	40.95
S.D.	±643.04	±6,430.36	±20.21
Coef.-Vari.	41.23	41.23	49.35

(c) <Grain syrup at 80°C>



Category	Hardness	Chewability	Crispiness
Min.	984.17	9,841.70	17.00
Max.	2,272.70	22,726.98	75.00
Mean.	1,646.04	16,460.42	39.55
S.D.	±371.15	±3,711.51	±14.76
Coef.-Vari.	22.55	22.55	37.32

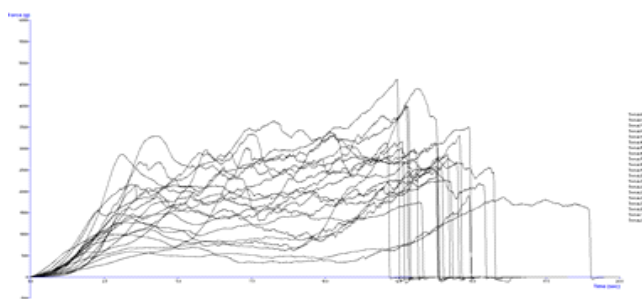
(d) <Starch syrup at 80°C>



Category	Hardness	Chewability	Crispiness
Min.	887.04	8,870.35	22.00
Max.	2,398.98	23,989.83	67.00
Mean.	1,463.28	14,632.81	44.65
S.D.	±481.31	±4,813.07	±13.53
Coef.-Vari.	32.89	32.89	30.30

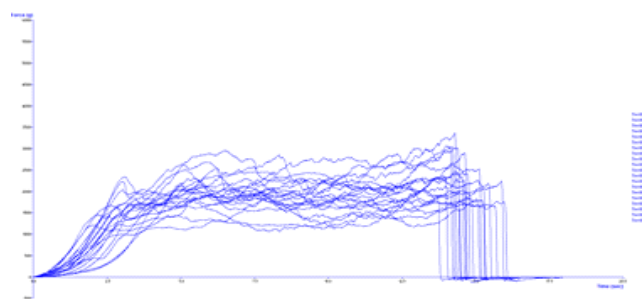
(d) <Grain syrup + starch syrup at 100°C>

Fig. 2. Week 1 results at 30°C storage



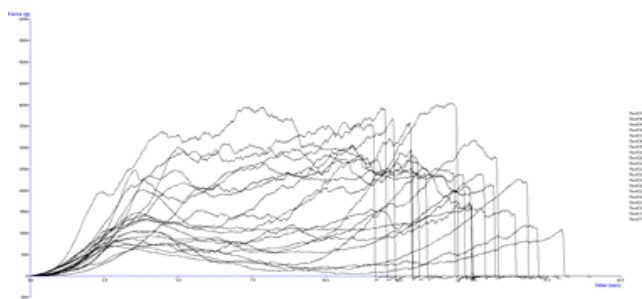
Category	Hardness	Chewability	Crispiness
Min.	428.84	4,288.42	11.00
Max.	2,056.03	20,560.25	70.00
Mean.	1,320.18	13,201.75	38.50
S.D.	±489.22	±4,892.17	±17.57
Coef.-Vari.	37.06	37.06	45.64

(a) <Grain syrup at 100°C>



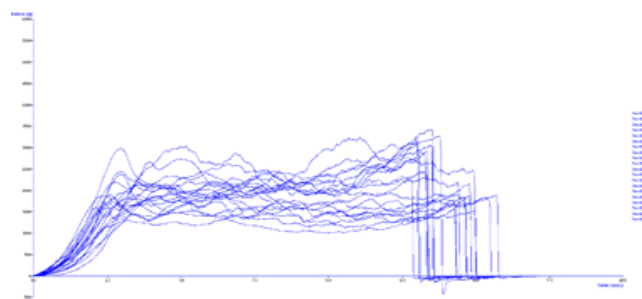
Category	Hardness	Chewability	Crispiness
Min.	1,072.22	10,722.19	28.00
Max.	1,791.70	17,916.95	59.00
Mean.	1,455.80	14,558.02	39.30
S.D.	±201.09	±2,010.93	±8.72
Coef.-Vari.	13.81	13.81	22.18

(b) <Starch syrup at 100°C>



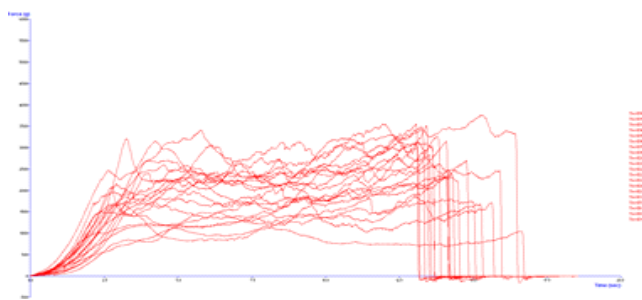
Category	Hardness	Chewability	Crispiness
Min.	381.41	3,814.14	9.00
Max.	2,605.68	26,056.81	58.00
Mean.	1,122.47	11,224.65	27.30
S.D.	±633.50	±6,334.95	±13.90
Coef.-Vari.	56.44	56.44	50.90

(c) <Grain syrup at 80°C>



Category	Hardness	Chewability	Crispiness
Min.	1,115.65	11,156.45	15.00
Max.	1,992.79	19,927.91	58.00
Mean.	1,540.89	15,408.85	35.75
S.D.	±219.96	±2,199.55	±11.73
Coef.-Vari.	14.28	14.28	32.82

(d) <Starch syrup at 80°C>



Category	Hardness	Chewability	Crispiness
Min.	783.88	7,838.76	10.00
Max.	2,272.37	22,723.70	82.00
Mean.	1,509.41	15,094.06	45.70
S.D.	±384.72	±3,847.23	±17.35
Coef.-Vari.	25.49	25.49	37.95

(e) <Grain syrup + starch syrup at 100°C>

Fig. 3. Week 2 results at 30°C storage

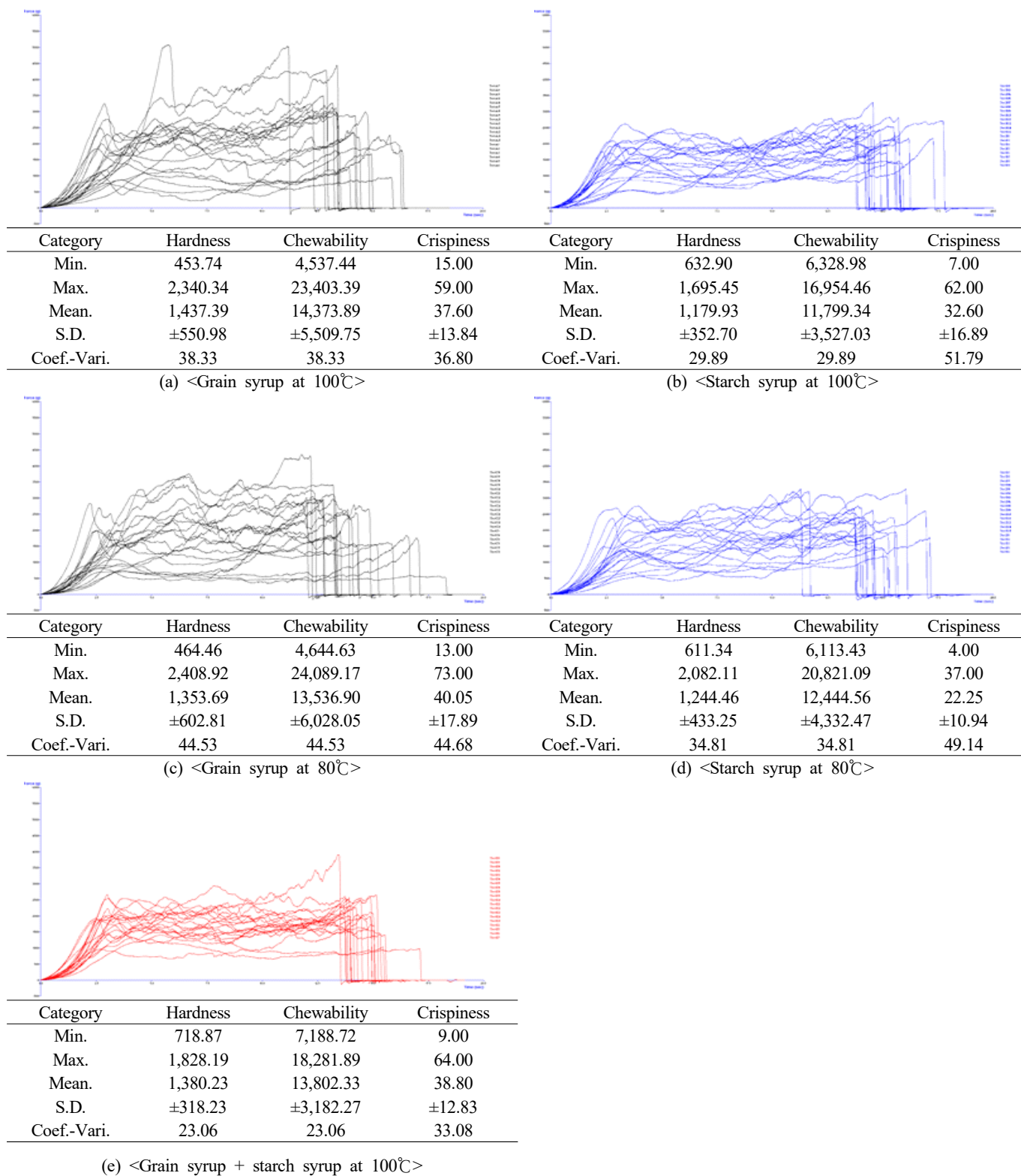


Fig. 4. Week 3 results at 30°C storage

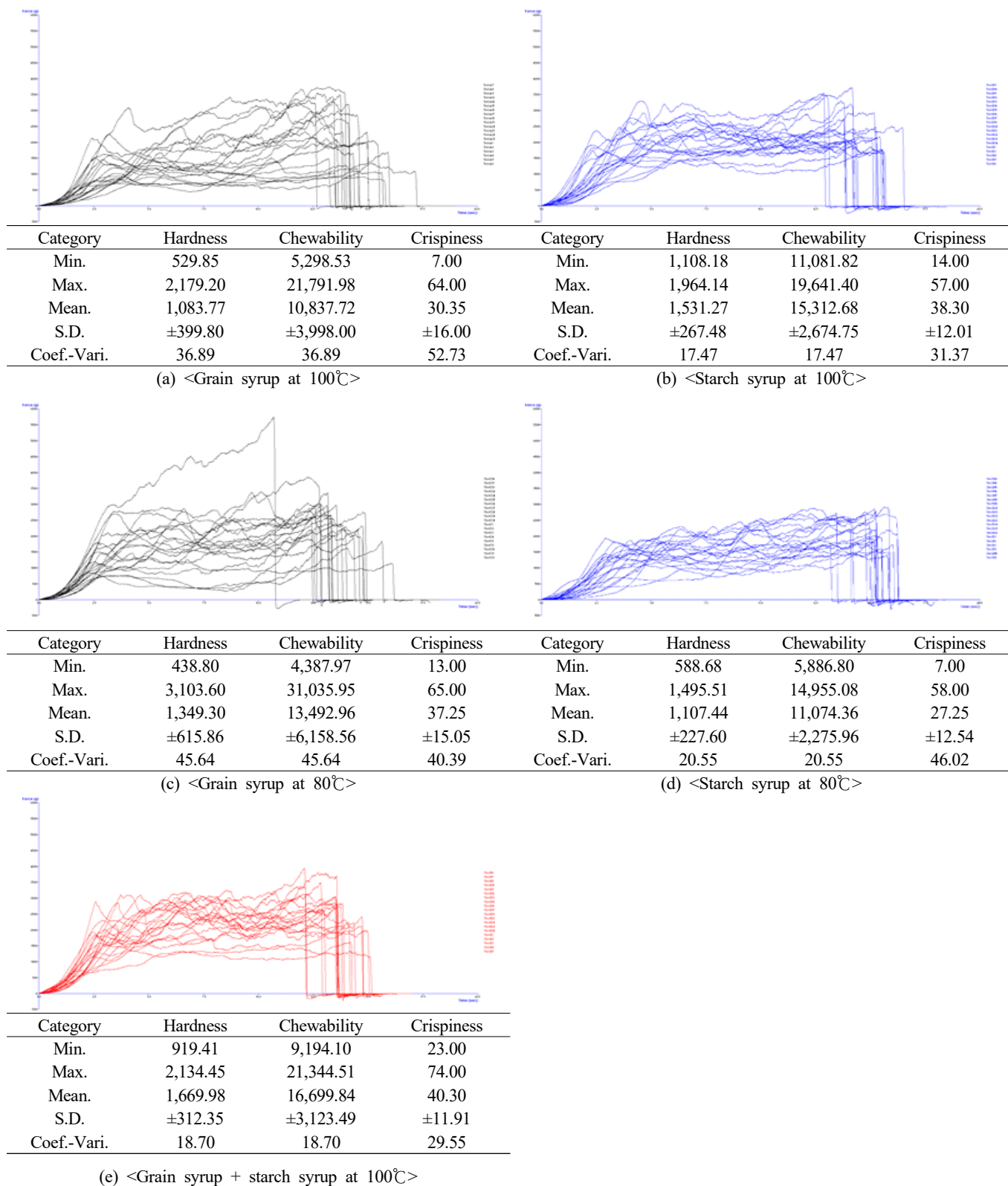


Fig. 5. Week 4 results at 30°C storage

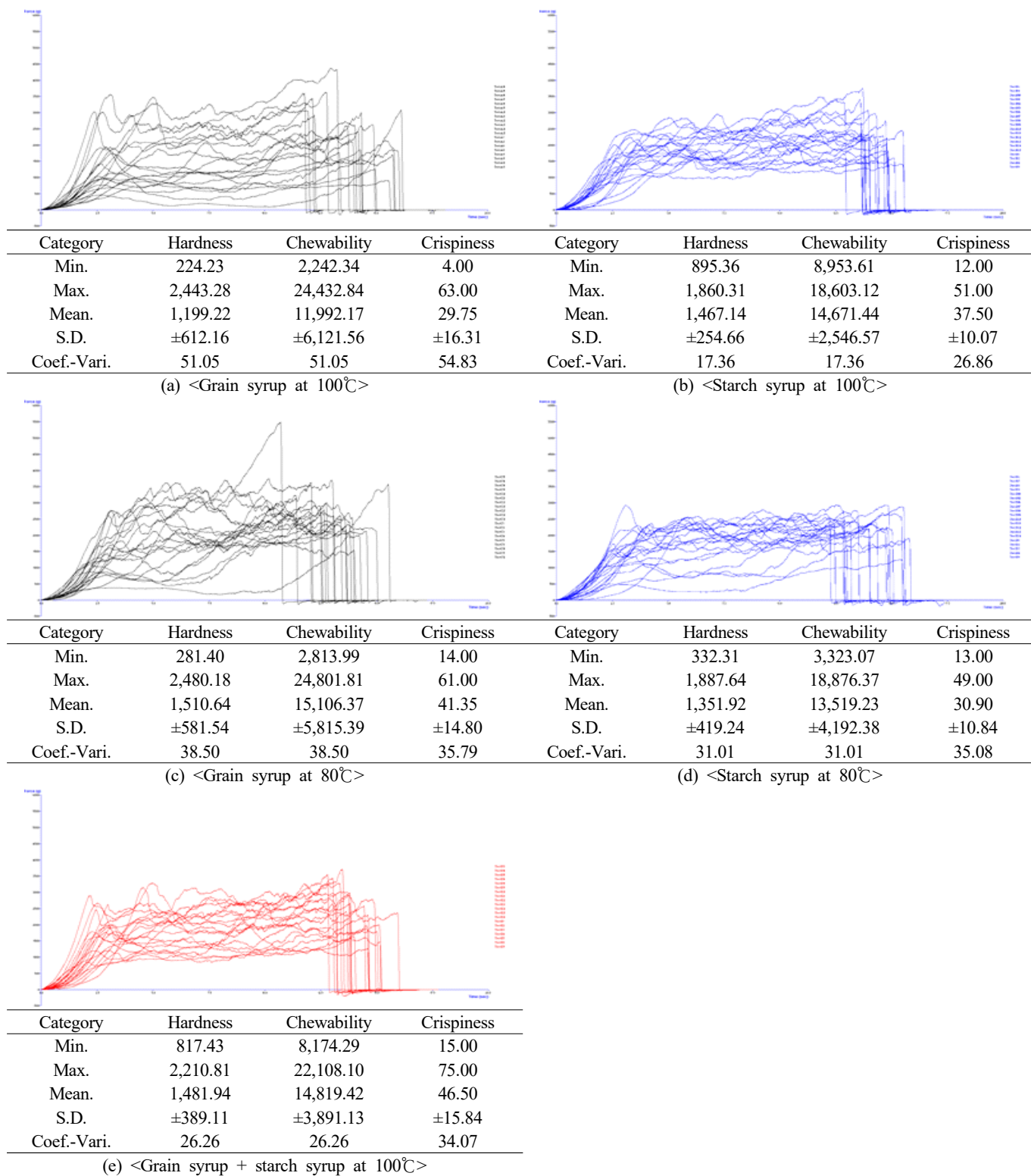


Fig. 6. Week 5 results at 30°C storage

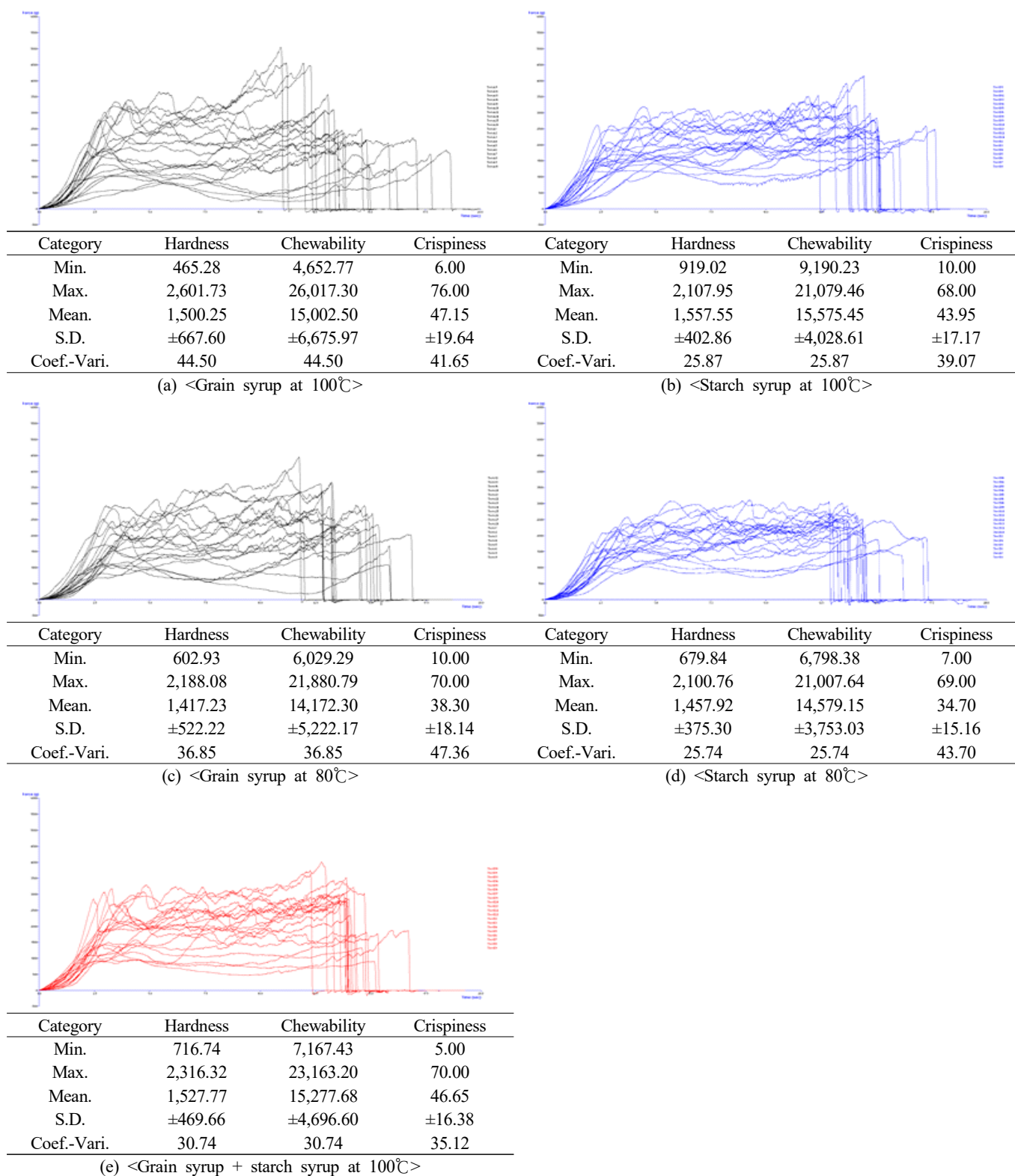


Fig. 7. Week 1 results at 4°C storage

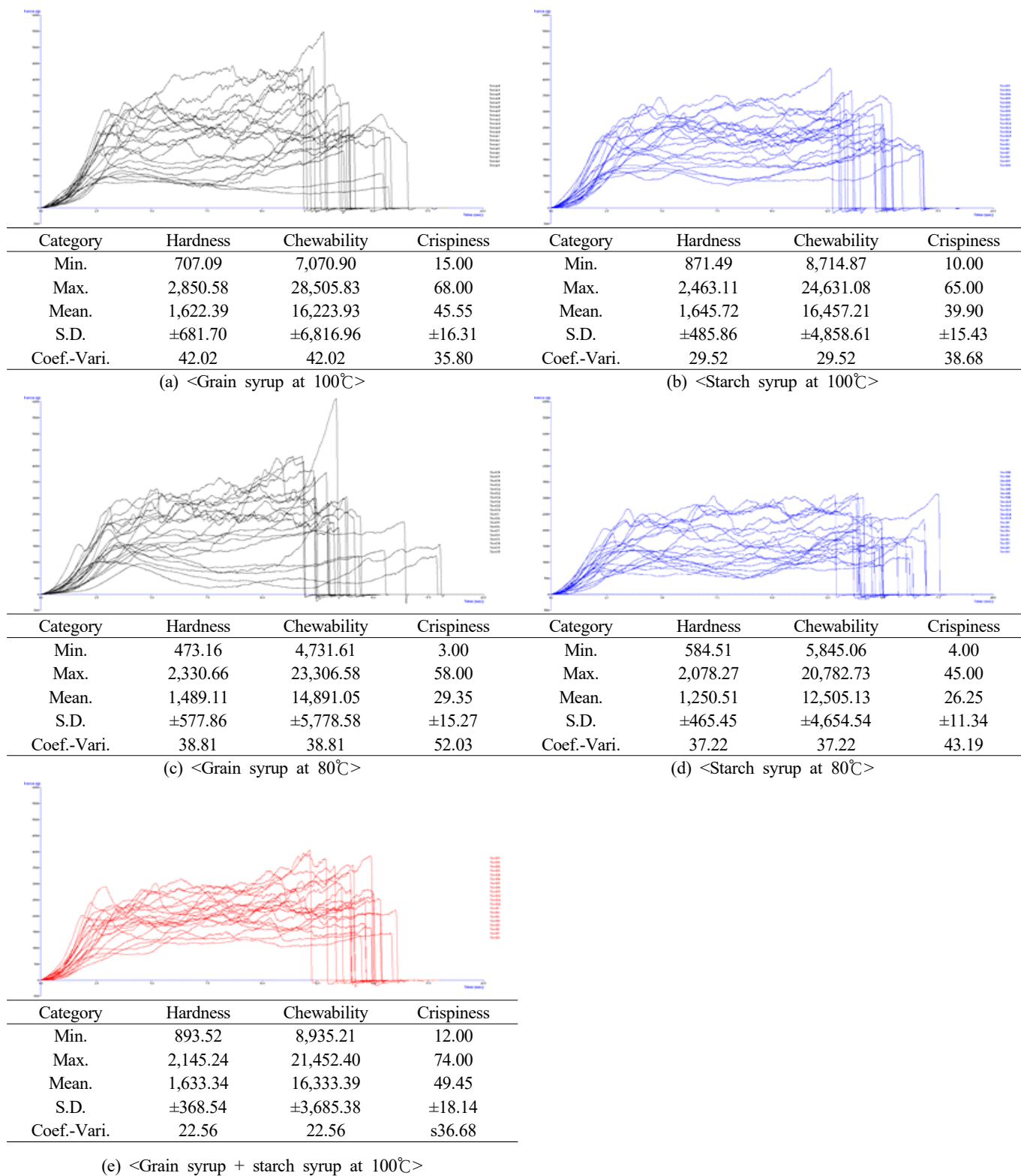


Fig. 8. Week 2 results at 4°C storage

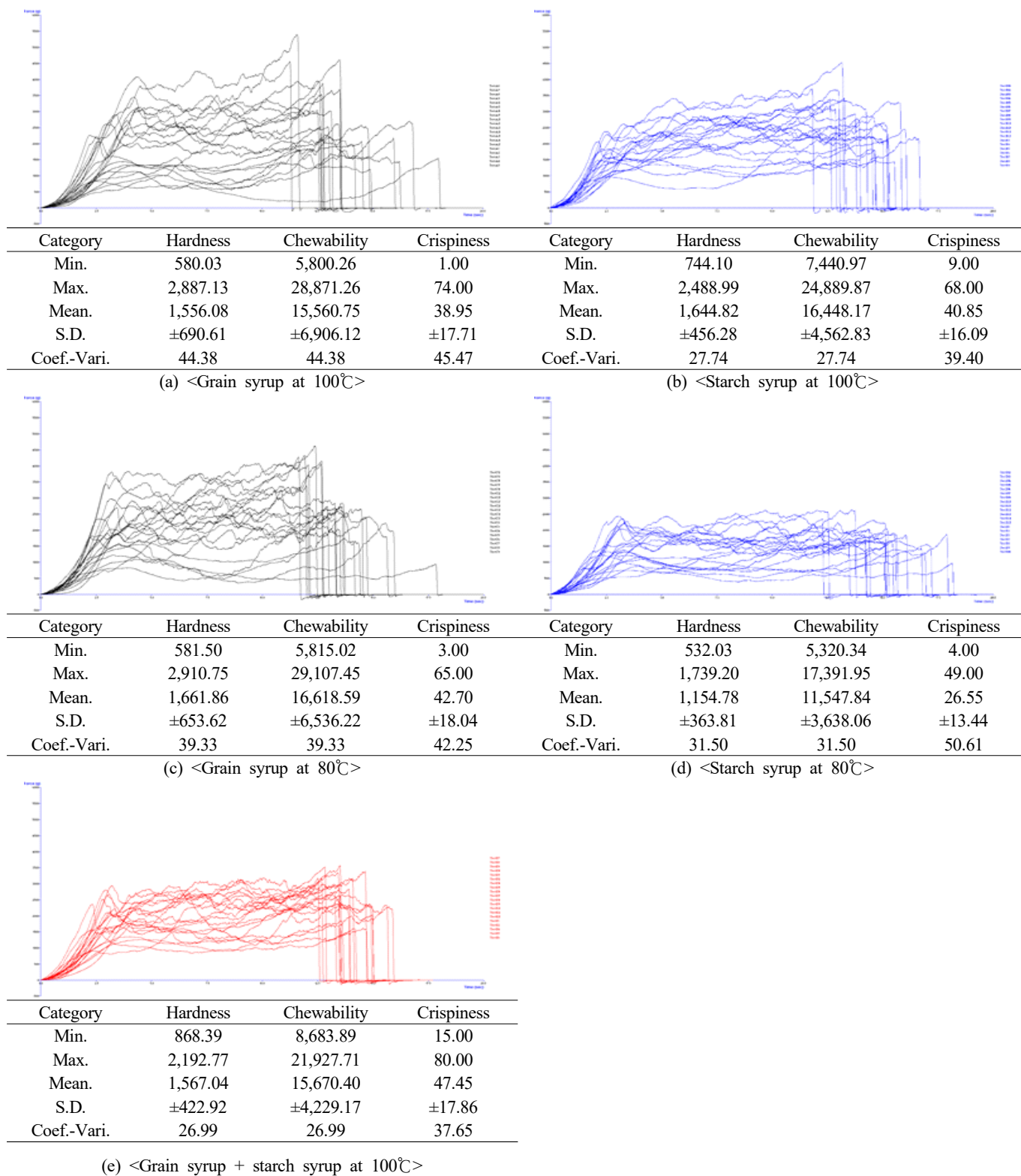


Fig. 9. Week 3 results at 4°C storage

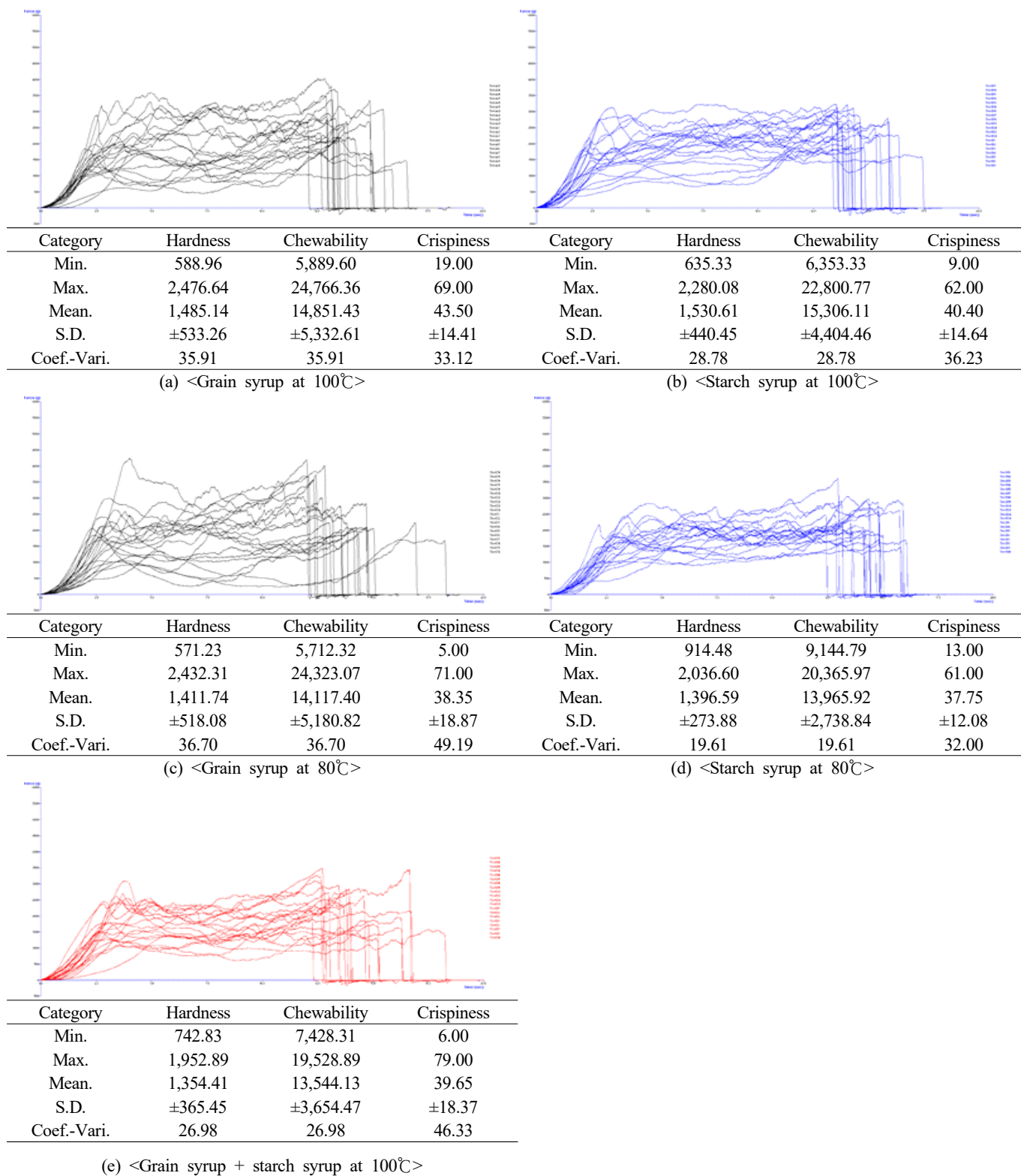


Fig. 10. Week 4 results at 4°C storage

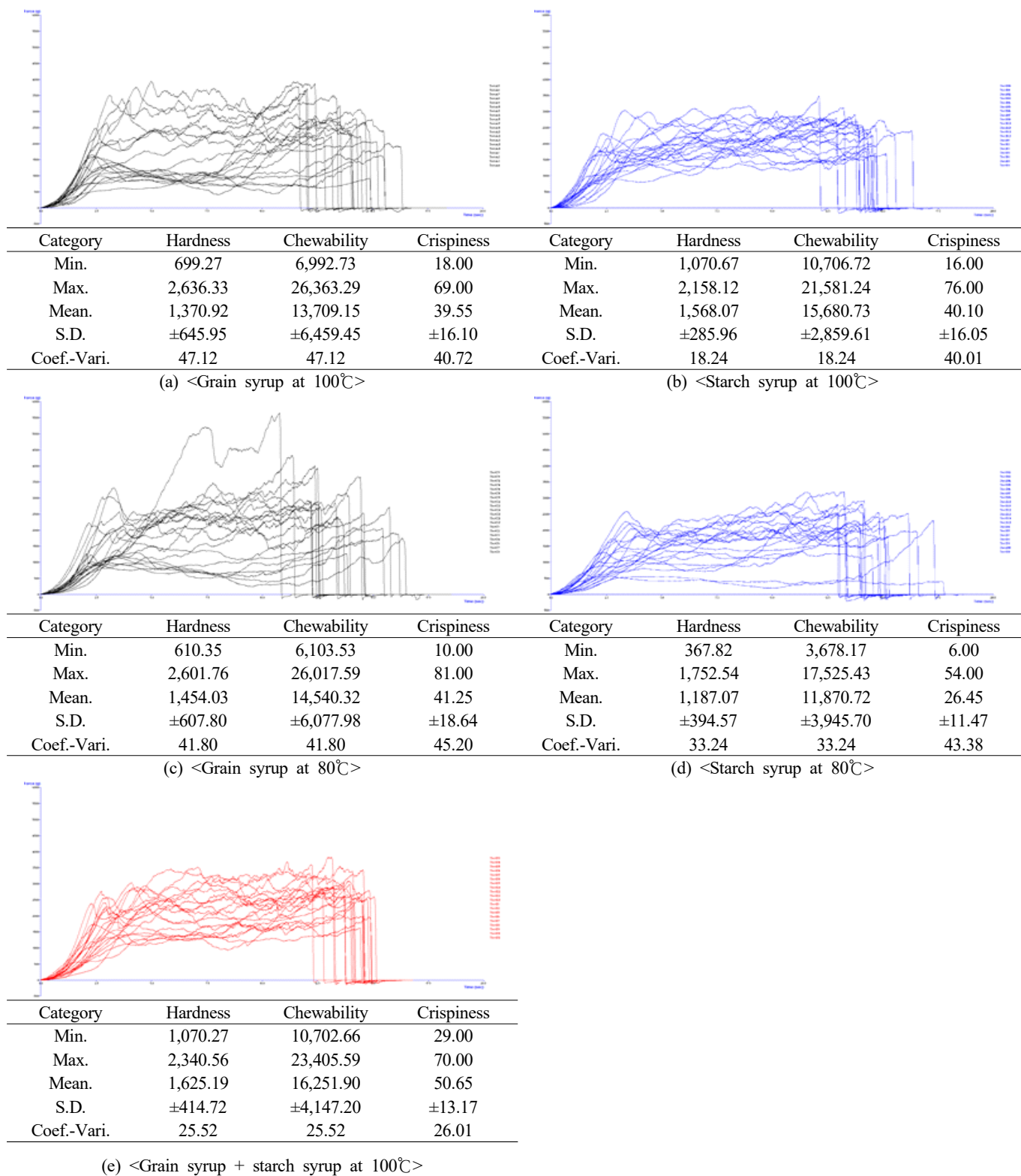


Fig. 11. Week 5 results at 4°C storage

IV. Summary

In this study, consumer preferences were evaluated according to the sugar types used to manufacture *yugwa*, changes in physical properties, and storage temperature. In conclusion, it was easier to maintain the quality according to the storage period, and consumer preference was higher when using for mixed grain syrup and starch syrup or starch syrup alone than when grain syrup was used alone to manufacture *yugwa*. In addition, applying the sugar at 100°C maintains quality even though the storage period is increased, so it would be better to apply sugar at 100°C during *yugwa* manufacturing.

V. Acknowledgments

This study was supported by the 2020 Traditional Food Standardization Research Project (G02111000-01), and we extend our appreciation.

VI. References

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